



## Summary of Benefits and Coverage: What this Plan Covers &amp; What it Costs

Coverage for: SINGLE-FAMILY | Plan Type: PPO



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at [www.SouthCarolinaBlues.com](http://www.SouthCarolinaBlues.com) or by calling 1-800-868-2500, Ext. 41010.

Important Questions	Answers	Why this Matters:
<b>What is the overall deductible?</b>	\$1,200 single / \$2,250 family for in-network providers. \$0 single / \$0 family for out-of-network providers. Doesn't apply to preventive care, prescription drugs or in-network doctor's office visits. Copayments don't count toward the deductible.	You must pay all the costs up to the <b>deductible</b> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <b>deductible</b> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <b>deductible</b> .
<b>Are there other deductibles for specific services?</b>	No.	You don't have to meet <b>deductibles</b> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
<b>Is there an out-of-pocket limit on my expenses?</b>	Yes; \$4,200 single / \$7,900 family for in-network providers. There is no out-of-pocket limit for out-of-network providers.	The <b>out-of-pocket limit</b> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
<b>What is not included in the out-of-pocket limit?</b>	Premiums; charges in excess of the allowed amount; amounts exceeding any maximum payments for benefits; or any expense not allowed according to any provisions of this coverage.	Even though you pay these expenses, they don't count toward the <b>out-of-pocket limit</b> .
<b>Does this plan use a network of providers?</b>	Yes. For a list of in-network providers, see <a href="http://www.SouthCarolinaBlues.com">www.SouthCarolinaBlues.com</a> or call 1-800-810-2583	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
<b>Do I need a referral to see a specialist?</b>	No. You don't need a referral to see a specialist.	You can see the <b>specialist</b> you choose without permission from this plan.
<b>Are there services this plan doesn't cover?</b>	Yes	Some of the services this plan doesn't cover are listed in the Excluded Services and Other Covered Services section. See your policy or plan document for additional information about <b>excluded services</b> .

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use in-network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your cost if you use an		Limitations & Exceptions
		In-Network Provider	Out-Of-Network Provider	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$15 copay/visit	50% coinsurance	Does not include surgery, outpatient lab and X-ray services (except for standard plain film X-rays), second surgical opinion, dialysis, chemotherapy, radiation therapy specialty drugs, endoscopies and imaging.
	Specialist visit	\$30 copay/visit	50% coinsurance	Does not include surgery, outpatient lab and X-ray services (except for standard plain film X-rays), second surgical opinion, dialysis, chemotherapy, radiation therapy specialty drugs, endoscopies and imaging.
	Other practitioner office visit	Not covered	Not covered	NONE
	Preventive care/screening/immunization	\$0	Not covered	No charge for mammograms at a participating provider.
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	50% coinsurance	NONE
	Imaging (CT/PET scans, MRIs)	20% coinsurance	50% coinsurance	No benefit if not preapproved.
If you need drugs to treat your illness or condition	Generic drugs	\$10 copay/prescription (retail) \$14 copay/prescription (mail-order)	50% coinsurance	Covers up to a 90-day supply at mail-order pharmacy. Covers up to a 30 or 90-day supply at retail pharmacy, subject to 3 copays.

Common Medical Event	Services You May Need	Your cost if you use an		Limitations & Exceptions
		In-Network Provider	Out-Of-Network Provider	
More information about <b><u>prescription drug coverage</u></b> is available at <b><u>www.SouthCarolinaBlues.com</u></b>	Preferred brand drugs	\$35 copay/prescription (retail) \$95 copay/prescription (mail-order)	50% coinsurance	Covers up to a 90-day supply at mail-order pharmacy. Covers up to a 30 or 90-day supply at retail pharmacy, subject to 3 copays.
	Non-preferred brand drugs	\$100 copay/prescription (retail) \$270 copay/prescription (mail-order)	50% coinsurance	Covers up to a 90-day supply at mail-order pharmacy. Covers up to a 30 or 90-day supply at retail pharmacy, subject to 3 copays.
	Specialty drugs	\$200 copay/prescription (mail order)	Not covered	Specialty Drug Network Only. No benefits if not preapproved.
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	50% coinsurance	Hysterectomy or septoplasty must be preapproved or no benefits. Cosmetic surgery is not covered.
	Physician/surgeon fees	20% coinsurance	50% coinsurance	Hysterectomy or septoplasty must be preapproved or no benefits. Cosmetic surgery is not covered.
<b>If you need immediate medical attention</b>	Emergency room services	\$300 copay/visit then deductible, then 20% coinsurance	Facility charges only - \$300 copay/visit, then 20% coinsurance. All other charges - 50% coinsurance.	NONE
	Emergency medical transportation	20% coinsurance	50% coinsurance	NONE

Common Medical Event	Services You May Need	Your cost if you use an		Limitations & Exceptions
		In-Network Provider	Out-Of-Network Provider	
	Urgent care	\$15 copay/visit	50% coinsurance	Does not include surgery, outpatient lab and X-ray services (except for standard plain film X-rays), second surgical opinion, dialysis, chemotherapy, radiation therapy specialty drugs, endoscopies and imaging.
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	50% coinsurance	No benefits if not preapproved. No benefits for human organ/tissue transplant if not preapproved and at designated provider.
	Physician/surgeon fee	20% coinsurance	50% coinsurance	No benefits for human organ/tissue transplant if not preapproved and at designated provider.
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	20% coinsurance	50% coinsurance	No benefits if not preapproved.
	Mental/Behavioral health inpatient services	20% coinsurance	50% coinsurance	No benefits if not preapproved.
	Substance use disorder outpatient services	20% coinsurance	50% coinsurance	No benefits if not preapproved.
	Substance use disorder inpatient services	20% coinsurance	50% coinsurance	No benefits if not preapproved.
If you are pregnant	Prenatal and postnatal care	20% coinsurance	50% coinsurance	NONE
	Delivery and all inpatient services	20% coinsurance	50% coinsurance	NONE
If you need help recovering or have other special health needs	Home health care	20% coinsurance	50% coinsurance	Limited to 60 visits/year. No benefits if not preapproved.

Common Medical Event	Services You May Need	Your cost if you use an		Limitations & Exceptions
		In-Network Provider	Out-Of-Network Provider	
	Rehabilitation services	20% coinsurance	50% coinsurance	Outpatient physical, occupational and speech therapy limited to 30 visits/year combined. No inpatient benefits if not preapproved.
	Habilitation services	20% coinsurance	50% coinsurance	Outpatient physical, occupational and speech therapy limited to 30 visits/year combined. No inpatient benefits if not preapproved.
	Skilled nursing care	20% coinsurance	50% coinsurance	Limited to 60 days/year. No benefits if not approved.
	Durable medical equipment	20% coinsurance	50% coinsurance	Excludes repair of, replacement of and duplicate. No benefits if not preapproved when cost is \$500 or more.
	Hospice service	20% coinsurance	50% coinsurance	Limited to 6 months/episode. No benefits if not preapproved.
If your child needs dental or eye care	Eye exam	\$25 copay	Not covered	Limited to one eye exam per benefit period
	Glasses	\$50 copay	Not covered	Limited to once per benefit period for frames and lenses. Contacts covered only when medically necessary
	Dental check-up	\$0	Not covered	NONE

### Excluded Services & Other Covered Services:

**Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)**

- Acupuncture
- Bariatric surgery
- Chiropractic care
- Cosmetic surgery
- Hearing aids
- Infertility treatment
- Long-term care
- Other practitioner office visit
- Private duty nursing
- Residential and custodial care
- Routine eye care (Adult)
- Routine foot care
- Varicose veins treatment
- Weight loss programs

**Other Covered Services. (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)**

- Dental care (Adult)
- Non-emergency care when traveling outside the U.S. See [www.SouthCarolinaBlues.com/members/findaprovider.aspx](http://www.SouthCarolinaBlues.com/members/findaprovider.aspx)

### **Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-868-2500, ext. 41010. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov).

### **Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: the plan at 1-800-868-2500, ext. 41000 or visit [www.SouthCarolinaBlues.com](http://www.SouthCarolinaBlues.com), the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform), your state office of health insurance customer assistance at: 1-800-768-3467 or visit [www.doi.sc.gov](http://www.doi.sc.gov).

### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.**

### **Does this Coverage Meet the Minimum Value Standard?**

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

Spanish: Para obtener asistencia en español, llame al número de atención al cliente que aparece en la primera página de esta notificación.

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*—————

## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



**This is  
not a cost  
estimator.**

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$4,960
- Patient pays \$2,580

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
<b>Total</b>	<b>\$7,540</b>

#### Patient pays:

Deductibles	\$1,200
Co-pays	\$20
Co-insurance	\$1,210
Limits or exclusions	\$150
<b>Total</b>	<b>\$2,580</b>

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$3,490
- Patient pays \$1,910

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
<b>Total</b>	<b>\$5,400</b>

#### Patient pays:

Deductibles	\$1,200
Co-pays	\$460
Co-insurance	\$170
Limits or exclusions	\$80
<b>Total</b>	<b>\$1,910</b>

## Questions and answers about the Coverage Examples:

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### What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

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### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

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### Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

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### Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

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### Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

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### Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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